

Pediatric Project Overview

Adverse Childhood Experiences are incidents that dramatically upset the safe, nurturing environments that a child needs to thrive. More than 56% of Iowa adults report experiencing at least one type of ACE in childhood, with 14.5% reporting four or more ACEs. The lifelong impact of trauma on health and well-being cannot be understated.



As a near universal access point for children in our state, pediatric and family practice clinics are well-positioned to support prevention and early identification of stressors with families. The ACEs Pediatric Project seeks to support practice change in pediatric and family care clinics through education and technical assistance. Core components of the project include:

- **Pediatric Trauma Informed Guide:** A core group of trauma and child health experts joined together to provide guidance in the development of the Pediatric Trauma Informed Guide.
- **Pediatric Practice Assessment:** Led by Armeda Wojciak, PhD, at University of Iowa, a practice assessment was developed to assist in identifying practice change opportunities within clinics.
- **Technical Assistance:** Led by Dr. Amy Shriver, MD and pediatrician, and Lisa Cushatt, LMSW, selected clinics will be provided training and guidance to move along the continuum to become a more trauma-informed practice.

We invite you to join us in the **ACEs Pediatric Project** to advance prevention and early identification of trauma and family stressors. Due to generous grant support, there will be no financial cost to initial clinics seeking technical assistance and education. This project is led by **Central Iowa ACEs 360**.

