



Trauma Informed Care Training

Introduction to Trauma Informed Care

****Pre-requisite for all other trainings****

This training is designed to provide a basic understanding of the impact of trauma on the lives of clients we serve including basic concepts of how trauma changes the development, growth, and functioning of the child and adolescent brain. Additionally, information is provided regarding the Trauma Informed Care Model of Treatment and how the model, when applied, can impact the efficacy of treatment throughout all programs and services.

ACE Study Training

****Pre-requisite— Introduction to Trauma Informed Care (TIC)****

This training explores how childhood experiences affect children as they grow up through adolescence and into adulthood. Compelling scientific evidence is presented on the Adverse Childhood Experiences (ACE) study where participants learn how harsh experiences such as child abuse and neglect, growing up with domestic violence, substance abuse, incarceration and mental illness, contributes to significant health problems in adulthood.

Re-traumatization Training

****Pre-requisite— Intro to TIC & ACE Study****

This training helps participants understand how services meant to help trauma victims can sometimes “re-traumatize” individuals via organizational or institutional policies and practices. This training will discuss how our systems can re-traumatize clients with histories of trauma, identify the impact of re-traumatization on both clients and on staff, as well as identify examples of re-traumatization in our own service setting.

Vicarious Trauma

****Pre-requisite— Intro to TIC & ACE Study****

Vicarious trauma is the process of change that happens because you care about other people who have been hurt, and feel committed or responsible to help them. Over time this process can lead to changes in your psychological, physical, and spiritual well-being. In this training, we identify the impact of doing trauma work in all settings and outline strategies for building resiliency. Participants will develop a pro-active plan for self-care that will assist them to continue doing great work with kids and families.

Strength Based Practice Training

****Pre-requisite— Intro to TIC & ACE Study****

Strength-Based Treatment is based on the belief that individuals possess abilities and inner resources that allow them to cope effectively with the challenges of living. Strength Based Practice uses the strengths and resources that clients, their cultures, and their communities possess. Client’s are engaged in a client-directed process of goal setting, solution building and self-evaluation. In this training we identify the benefits of using strength-based approach to treatment versus problem focused approaches. We will look at research that promotes strength-based practice, explore staff beliefs and outline specific and practical ways to apply the information.

Sensory Application

****Pre-requisite— Intro to TIC & ACE Study****

This training guides staff in how to provide trauma specific structured sensory interventions with children, adolescents and adults who have been experienced traumatic incidents. Participants will discuss issues related to initiating and providing structured sensory intervention in their everyday practice.